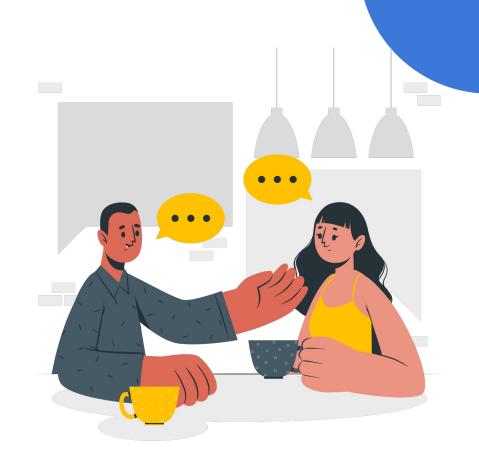
Debunking Academic Probation

Who is Affected and How Do We Help?

Lindsey Frechette





Objectives Explore the stigma associated with academic probation Gain insights into how students may end up on academic probation Learn how SOS Peer Mentoring helps students on academic probation

Academic Probation



1

Defining academic probation

A student whose cumulative GPA is below 2.0 is placed on academic probation.



Mentee Perspective



"It means that I failed to do well academically last semester and I have a chance to raise my grade before being suspended."

"It is a wake up call to get focused on my education."

"Supervision for the upcoming semester"

"I think it means that I did not get the right GPA, and I have to now be on my best behavior and find the right skill set to help me become a better student."

How do students get on academic probation?



49er Rebound Initial Assessment 2023-2024

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Build Date:	7/20/2023 3:45:35 PM		
Active Date Range:	8/1/2023 12:00:00 AM - 12/28/2024	11:59:00	PM

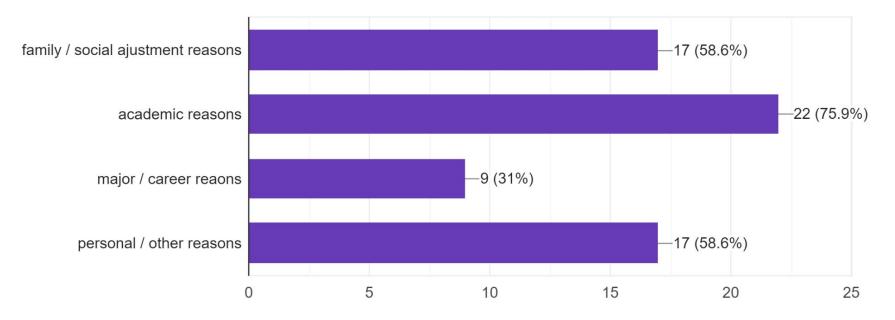
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Initial Assessment (IA)

- Self assessment that mentees fill out before meeting with peer mentors
- Gauges how well they think they did in different academic aspects
- Helps mentors understand mentee mindset before starting the program

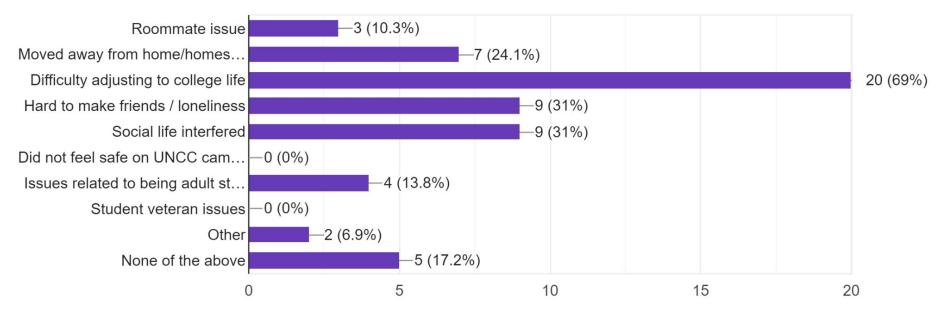
Based off of the students IA, what are the overarching reasons they are on academic probation? Use IA to determine what falls into each category :)

29 responses



Use the IA to determine: What family/social reasons affected performance and contributed to academic challenges?

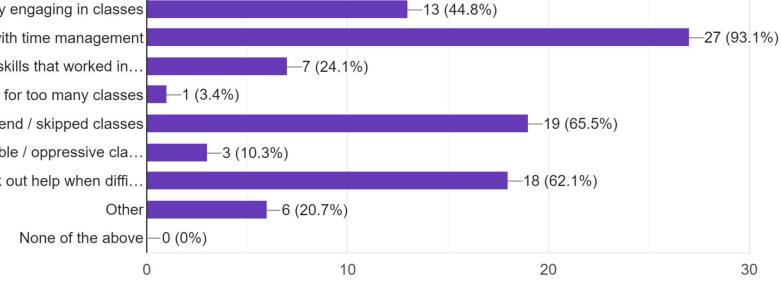
29 responses



Use the IA to determine: What academic reasons affected performance and contributed to academic challenges?

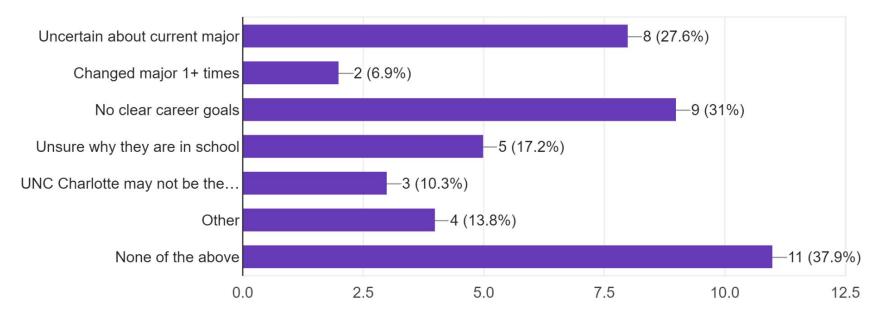
29 responses

Difficulty engaging in classes Difficulty with time management Academic skills that worked in... Registered for too many classes Did not attend / skipped classes Uncomfortable / oppressive cla... Did not seek out help when diffi...



Use the IA to determine: What major/career reasons affected performance and contributed to academic challenges?

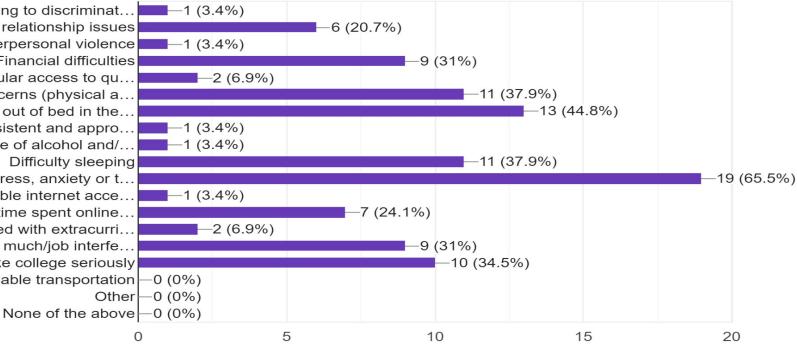
29 responses



Use the IA to determine: What personal/other reasons affected performance and contributed to academic challenges?

29 responses

Issues relating to discriminat... Personal relationship issues Interpersonal violence Financial difficulties Lack of regular access to qu... Health concerns (physical a... Hard to get out of bed in the... Lack of consistent and appro... Use or abuse of alcohol and/... Difficulty sleeping Pressure, stress, anxiety or t... Lack of reliable internet acce... Excessive time spent online... Overinvolved with extracurri... Working too much/job interfe... Did not take college seriously Lack of reliable transportation Other



First Semester Struggles

- Time management
- Strategies that worked in high school or community colleges don't work as well anymore
- Anxiety, tension, stress and not knowing how to cope
- Difficulty adjusting to college life / campus life



Main Takeaway

- Students on academic probation have complex backgrounds
- Being on academic probation does not mean that students are stupid, lazy, or failures
- Understanding struggles of students can reduce stigma and negative connotations

around academic probation

- Creating a safe environment for students to share without judgement is crucial for a

successful partnership between mentors and mentees



SOS Peer Mentoring





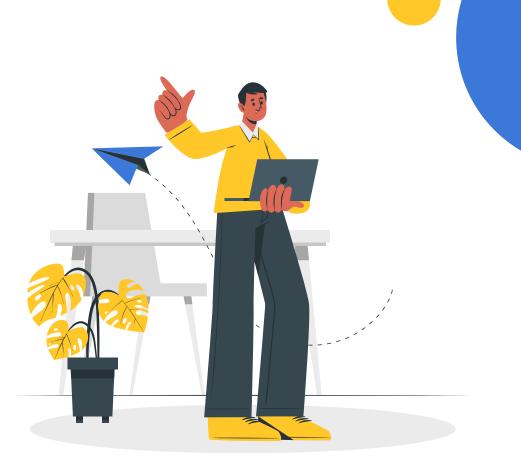
Target Population

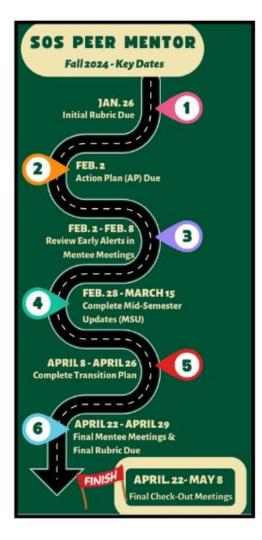
- Freshman / first year students
- Transfer students



Program Goals

- Get semester GPA above 2.3
- Get cumulative GPA above 2.0
- 10 meeting minimum





Roadmap to Success

- Consists of six different checkpoints
 - Allows for mentors to analyze past habits and behaviors
 - Educates mentees on how to set goals with clear expectations and plan ahead around potential obstacles
 - Creates checkpoints for mentors and mentees to revisit goals and adjust as needed

Top Resources Study Skills Reducing **Time Management**

Procrastination

Home

Tutor.com

Announcements

People

Modules

Media Gallery

Academic Support

Class Notebook

School of Professional Studies

PollEverywhere

Niner Needs

Library Resources

Purchase Course Materials

Course Materials

Kritik-USA

Stukent

Zoom

SOS Resource Drawer

Student Resource Guide (Spring '24) 🞍

GPA Calculation with Examples (SP '24) \checkmark

Niner Needs Resources 🤟

Student Legal Services 🤳

Veteran Services Office Overview

Certificate of Eligibility: How To - Veteran Services 🤳

	READING STRATEGIES
GOAL SETTING 2	SELF-CARE
GROUP WORK	STUDY SKILLS
	TESTING STRATEGIES
	TIME MANAGEMENT

Does SOS Help?

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Spring 2023- Semester GPA Information

Semester GPA Information	Completed Program n=101	Participated / Did not Complete program n=14
Average last term GPA	1.25	0.71
Average Spring semester GPA	2.57	1.30
Change in average term GPA	+ 1.32	+ 0.28
Number of participants with term GPA improvement	92 (91%)	8 (57%)

Spring 2023- Cumulative GPA Information

Cumulative GPA Information	Completed Program n=101	Participated / Did not Complete program n=14
Average previous cumulative GPA	1.28	1.10
Average Spring 2023 cumulative GPA	2.08	1.25
Change in average cumulative GPA	+ 0.80	+ 0.23
Number of participants with cumulative GPA improvement	93 (92%)	8 (57%)

Spring 2023- Academic Standing Information

Academic standing at conclusion of Spring 2023	Completed program n=101	Participated / did not complete program n=14
Good academic standing	65 (64%)	5 (36%)
Continued probation	9 (9%)	1 (7%)
Probation	0 (0%)	0 (0%)
Suspended/Reinstated	7 (7%)	0 (0%)
Total eligible to return	81 (80%)	6 (43%)
Total suspended, not eligible to return	21 (21%)	8 (57%)

Fall 2023- Semester GPA Information

Semester GPA Information	Completed Program n=67	Participated / Did not Complete program n=6
Average last term GPA	1.37	1.33
Average Spring semester GPA	2.63	1.32
Change in average term GPA	+ 1.45	-0.01
Number of participants with term GPA improvement	60 (90%)	2 (33%)

Fall 2023- Cumulative GPA Information

Cumulative GPA Information	Completed Program n=67	Participated / Did not Complete program n=6
Average previous cumulative GPA	1.42	1.39
Average Spring 2023 cumulative GPA	2.14	1.63
Change in average cumulative GPA	+ 0.65	+ 0.24
Number of participants with cumulative GPA improvement	60 (90%)	2 (33%)

Fall 2023- Academic Standing Information

Academic standing at conclusion of Spring 2023	Completed program n=67	Participated / did not complete program n=6
Good academic standing	44 (66%)	2 (33%)
Continued probation	7 (10%)	0 (0%)
Probation	1 (1%)	0 (0%)
Suspended/Reinstated	0 (0%)	0 (0%)
Total eligible to return	52 (78%)	2 (33%)
Total suspended, not eligible to return	15 (22%)	4 (67%)



Main Takeaways

- SOS Peer Mentoring allows students to get another chance before being suspended from school.
- Mentees expand on their academic skills and learn what works best for them.
- Students who finish the program have a higher chance of getting off of academic probation than those who do not complete the program.

Thanks!

Questions?

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